



YOGA FOR WELLBEING

WEDNESDAYS ABINGDON SCHOOL
4.00- 4.50PM

Please sign in at the Faringdon Lodge entrance.

INDUCTION SESSION 27TH SEPTEMBER

These free sessions are open to students in all year groups in partner schools.

Attendance at the induction session is essential along with completion of the booking form.

- No experience or equipment needed,
- Please come in comfortable clothes and bring some water.

These sessions aim to support student wellbeing as part of the OX14 Learning Partnership.

Please note, minimum and maximum numbers apply.

Please Sign up [here](#) or via the QR code

